

Scottish Road 5K Championships - Silverknowes 16/5/2012

Full Results at <http://uk.srichinmoyraces.org/result-self-transcendence-5k-race-wednesday-16-may-2012-silverknowes-edinburgh>

1	Ross Houston	Central AC	14.35	1st M
2	Alexander Hendry	Central AC	14.37	2nd M
3	Andrew Douglas	Inverclyde	14.39	3rd M
4	Kris Berry	Corstorphine AAC	14.40	
5	Neil Renault	Edinburgh AC	14.43	
6	Robert Russell	Central AC	14.51	
7	Luke Traynor	Giffnock North	14.54	1st MJ
8	Mark Pollard	Inverclyde	15.01	
9	Lachlan Oates	Shettleston Harriers	15.07	2nd MJ
10	Jack Hamilton	Ronhill Cambuslang	15.11	3rd MJ
11	Grant Sheldon	Ronhill Cambuslang	15.13	MJ
12	Tewelde Mengistab	Shettleston Harriers	15.17	
13	Ben Hukins	Aberdeen AAC	15.18	
14	Mickey Breen	Corstorphine AAC	15.25	
15	Andrew Christy	Corstorphine AAC	15.28	MJ
16	Lewis Millar	Central AC	15.31	
17	Kerry Liam-Wilson	Ronhill Cambuslang	15.37	1st MV40
18	Matthew Sutherland	Central AC	15.39	
19	Chris Devenney	Kilbarchan	15.41	
20	Robert Gilroy	Ronhill Cambuslang	15.42	MV35
21	Russell White	Stirling University AC	15.45	MJ
22	Steve Cairns	Hunters Bog Trotters	15.51	MV40
23	Calum Mckenzie	Corstorphine AAC	15.52	
24	Gordon Robertson	Ronhill Cambuslang	15.53	
25	Ross Milne	Corstorphine AAC	15.54	
26	Dan Clarkson	Edinburgh AC	15.56	
27	Zac Delaney	Fife AC	15.58	MJ
28	Max McNeill	Lothian RC	16.00	MJ
29	Bryan Clarke	Corstorphine AAC	16.01	
30	Colin McGill	Edinburgh AC	16.03	
31	Keiran Docherty	Bellahouston RR	16.03	
32	Richard Meade	Edinburgh AC	16.10	
33	Duncan Macarthur	Central AC	16.11	MJ
34	Neil Thin	Edinburg AC	16.14	1st MV50
35	Ross Milne	Central AC	16.16	MJ
36	Ben Stevenson	Edinburgh University	16.26	MJ
37	Alec Davidson	Falkirk Victoria	16.27	

38	Kevin Downie	East Kilbride	16.30	MV40
39	Paul Roarty	Carnegie H	16.35	MV35
40	Jeff Farquhar	Pitreavie	16.36	MV50
41	Ross Christie	Stirling University AC	16.37	MJ
42	Malcolm Fraser	Edinburgh AC	16.41	
43	Stuart Johnston	Edinburgh AC	16.41	
44	William Townsend	Hunters Bog Trotters	16.44	
45	Barry Patterson	Falkirk Victoria	16.45	
46	Keira Murray	Lasswade	16.50	1st F
47	Patrick O'Hare	St Andrews Uni AC	16.51	
48	Graeme Taylor	u/a	16.52	
49	Peter Moffet	Falkirk Victoria	16.54	
50	Jenny Maclean	Edinburgh AC	16.54	1st FV35
51	Ian Macdonald	Edinburgh AC	16.59	
52	Roger Clark	Carnegie H	17.02	MV40
53	Sarah Inglis	Lothian	17.03	3rd F
54	Malcolm Beattie	Metro Aberdeen	17.05	
55	Hester Burt	Fife AC	17.08	F
56	Lyndsay Morrison	Central AC	17.10	F
57	Andrew Mackenzie	Ronhill Cambuslang	17.12	
58	Huw Jones	Hunters Bog Trotters	17.12	
59	John Blair	Edinburgh AC	17.13	MV40
60	Michael Anderson	Corstorphine AAC	17.13	MV40
61	Andy Hume	Carnegie H	17.13	MV40
62	Stephen Allan	Kirkintilloch	17.23	MV35
63	Brian Carrigan	u/a	17.24	MV35
64	Barney Phillips	Lasswade	17.24	
65	Jacob Howe	Fife AC	17.24	MV35
66	Jonathon Barlow	Central AC	17.25	
67	Callum Smith	Corstorphine AAC	17.27	MJ
68	Chris O'Brien	Corstorphine AAC	17.29	
69	Anthony Devlin	Falkirk Victoria	17.29	MV40
70	Eilis McKechanie	Hunters Bog Trotters	17.31	F
71	Joe Perry	Stirling University AC	17.31	
72	Victoria Bailie	Edinburgh AC	17.34	F
73	Jill Knowles	Scottish Prison Service	17.36	F
74	Scott McAlpine	Pitreavie	17.37	MJ
75	Richy Connor	Lasswade	17.40	
76	Gemma Rankin	Kilbarchan	17.41	F
77	Jennifer Emsley	Central AC	17.42	F
78	Niall Sayers	u/a	17.45	
79	Tessa Hill	Hunters Bog Trotters	17.47	F
80	Fiona Thompson	Central AC	17.49	F
81	Kathryn Pennel	Pitreavie	17.52	1st FJ
82	Anthony Edgar	Ronhill Cambuslang	17.55	MJ
83	Stuart Douglas	Falkirk Victoria	17.56	

84	Tony Martin	Fife AC	18.04	1st MV60
85	R G McLean	Angus Bike Chain	18.09	MV50
86	Natalie Milne	u/a	18.09	F
87	Sue Ridley	Edinburgh AC	18.09	1st FV40
88	Morgan Windram-Geddes	Fife AC	18.13	F
89	Sara Parkinson	Fife AC	18.15	F
90	Avril Mason	Shettleston Harriers	18.17	FV35
91	Darren Blyth	Edinburgh AC	18.19	MV40
92	Andrew McKechanie	Hunters Bog Trotters	18.20	
93	Chris Peggie	Corstorphine AAC	18.24	
94	Alistair Hindle	Hunters Bog Trotters	18.27	MV40
95	Michael Buhriz	Edinburg AC	18.29	MV35
96	Stuart Russell	u/a	18.33	
97	Malcolm Parry	Ferranti	18.33	MV40
98	Jacqui Thomson	VP Glasgow	18.35	FV40
99	Claire Moffett	Falkirk Victoria	18.36	F
100	James Breen	Hamilton Harriers	18.37	MV40
101	Amie McKimmie	Fife AC	18.39	F
102	Katy Bristow	Ronhill Cambuslang	18.39	FJ
103	Dan Clements	Hunters Bog Trotters	18.39	
104	Iain Shaw	Ferranti	18.41	MV40
105	John Mill	Dundee Road Runners	18.42	MV40
106	David Miller	u/a	18.43	MV40
107	Iain Wallace	Falkirk Victoria	18.44	
108	Christopher Payne	Edinburgh AC	18.45	
109	Neil Machlachlan	Pitreavie	18.48	
110	Louise Hill-Stirling	Strathclyde Uni Harriers	18.51	FJ
111	Jennifer Kibble	Fife AC	18.52	F
112	Colin Thomson	Falkirk Victoria	18.53	MV40
113	Sarah Scott	Edinburgh AC	18.56	F
114	Mark Bowman	Falkirk Victoria	18.56	MV35
115	Angela Howe	Fife AC	18.59	FV40
116	Kirk Ollason	Edinburgh AC	19.06	MV40
117	Morag McCracken	Hunters Bog Trotters	19.07	F
118	Philip Henry	Central AC	19.08	MV40
119	Jennifer Telford	Scottish Prison Service	19.08	FV40
120	Graeme Wilson	Wee County Harriers	19.10	MV50
121	Sarah MacIsaac	Hunters Bog Trotters	19.17	F
122	Megan Wright	Falkirk Victoria	19.18	F
123	David Hogarth	Falkirk Victoria	19.30	
124	Addy Gerrard	Fife AC	19.32	FV50
125	Amelia Lloyd	Hunters Bog Trotters	19.33	F
126	John Owens	u/a	19.34	MV40
127	Gavin Reid	Metro Aberdeen	19.37	MV40
128	Lana Turnbull	Lothian	19.37	FJ
129	Bert Logan		19.43	MV50

130	Gail Murdoch	Carnegie H	19.49	FV40
131	Murray Peebles	Harmeny	19.53	
132	Chris Ross	u/a	19.53	MV40
133	Kirsti Sharratt	Fife AC	19.53	FV40
134	Nadine Gill	Corstorphine AAC	19.55	F
135	Jim McLaren	Falkirk Victoria	19.57	MV50
136	Vince Fraser	u/a	20.05	MV40
137	David Henderson	Corstorphine AAC	20.06	MV50
138	Paul Edwards	Portobello	20.06	MV40
139	Stephen Malcolm	Lothian	20.08	MV40
140	Isobel Knox	Hunters Bog Trotters	20.09	F
141	Peter Jardine	VP Glasgow	20.17	MV40
142	Martin Veale	u/a	20.17	MV50
143	Marek Kozakowski	Gyle harriers	20.19	
144	Clare Barr	Motherwell	20.21	FV40
145	Jonathon Kirk	Glasgow Tri Club	20.23	
146	Hamish Cameron	Forres Harriers	20.23	MV60
147	Jim Alexander	Lothian	20.23	MV50
148	Lilian Macruary	Portobello	20.24	FV40
149	Lorna Kennedy	Falkirk Victoria	20.24	FV35
150	Alan Swan	Footworks	20.31	MV50
151	Mairiad Kelly	Hunters Bog Trotters	20.36	F
152	Kerry Gordon	HELP	20.41	MV60
153	Jane Waterhouse	Central AC	20.43	FV50
154	Duncan Baker	Hunters Bog Trotters	20.46	MV50
155	Sarah Sigsworth	Edinburgh Uni Hare & Hounds	20.50	F
156	Patricia Milne	Central AC	20.51	FV40
157	Keith Weston	Ferranti	20.56	MV60
158	Andrew Griffiths	Garscube H	21.00	MV60
159	David Bunyan	Falkirk Victoria	21.14	MV60
160	William Brown	MAD Team	21.23	MV40
161	Robert Atherton	u/a	21.30	MV60
162	Brian Howie	Edinburgh AC	21.35	MV60
163	Martin Kay	Pitreavie	21.36	MV35
164	Alastair McCallum	Falkirk Victoria	21.38	MV50
165	Andy Archer	u/a	21.42	MV50
166	Claire Gilchrist	Ferranti	21.49	FV40
167	Steven Blair	Corstorphine AAC	21.53	MV40
168	Andrew Turner	u/a	22.00	
169	Raymond Milne	Central AC	22.09	MV40
170	James Dalgleish	u/a	22.10	MV40
171	Alison Arnold	Ferranti	22.20	FV35
172	Pascaline Ruck	u/a	22.21	F
173	Michael Bisset	Pitreavie	22.37	MV40
174	Roy Cowan	u/a	22.38	MV40
175	John McGlynn	u/a	22.44	MV50

176	Dave Henderson	Edinburgh Running Network	22.48	
177	Keith Young	u/a	22.51	MV50
178	Alex Campbell	Stirling University AC	22.58	F
179	James Hunter	u/a	23.05	MV60
180	Alan Gordon	Hunters Bog Trotters	23.07	MV60
181	Deborah MacDonald	Hunters Bog Trotters	23.17	FV50
182	Mairi MacDonald	Hunters Bog Trotters	23.17	F
183	Kenneth Hislop	Central AC	23.17	
184	Ian Leggett	Lothian RC	23.21	1st MV70
185	Michael Allison	Falkirk Victoria	23.50	
186	Keith Stewart	u/a	23.51	
187	George McHardy	Central AC	23.59	MV60
188	Maggie Spalding	Hunters Bog Trotters	24.05	F
189	Astrid Gill	L G Steeflenztal	24.22	FV40
190	Josie Murray	u/a	24.47	F
191	Leanne Martin	u/a	24.50	FV35
192	Amy McAlpine	Pitreavie	24.52	FJnr
193	Corey Prigmore	u/a	25.12	M Jnr
194	Sheila Beauchop	Ferranti	25.24	FV60
195	Steve Gregory	u/a	26.06	MV35
196	Wendy MacFarlane	Edinburgh Running Network	26.06	FV35
197	Janice Wilson	u/a	27.04	FV40
198	Avril Read	u/a	27.04	FV50
199	Beverley Dodgson	u/a	27.12	FV40
200	Marco Crolla	u/a	27.33	MV40
201	John Richmond	u/a	28.59	MV60
202	Jac Prigmore	u/a	29.02	FV40
203	Alan Prince	u/a	30.31	